

## **Basics concepts**

### Ancestors

The human being is to enjoy and to serve. If you suffer, you lose the enjoyment and discover. Through knowledge, the study of the DNA of our ancestors, seeing the essence attention to that heritage, to the root lends itself to identify "knots".

### Karma

It is the sense of the reality of past lives.

### Knots

There are formed by the contradiction between what I was in the past and what I am today. Therefore we humans do not live reality. And when we are not honest with ourselves, when we do not recognize our truth, they form the "knots" (energy blockages). They are doing something they really do not want.

### Time

Time changes through us. We are all the time: change. They take into consideration the past nine (9) ancestors, (9) past generations. In the same way that nine (9) months that remain in the womb and nine (9) recognized ancestral planets in our solar system.

### I Accept myself/I responsible myself

The goal of man is to accept himself, rooted, take responsibility for it. That means that as a human being. I promise to do something for myself, to be master of my fate. We all have the power to this limit ourselves only.

### Illnesses

When man does not want to continue to have the "Knots", the disease manifests itself. 2 ways to realize the disease: is watching the potential of the person (his inheritance) and conditioned upon your circumstances (where the energy blockage is). Today, most human beings are facing handle rather "Knots" legacy.

### Energetic points

On the continents of the Americas they are largely the power to transform the planet.

In the Americas there are 14 energy points are activated which have strategically built buildings such as churches. In these energy points, through meditation, connecting with the Divine / a is achieved.

Religions create a wall in humans, creating energy blockages. Building on churches, ancient sites, blocking access to the knowledge of our ancestors.

### Healing

Find the "root" of the energy blockade, Libera. Whoever values himself is because it has well rooted his inheritance / roots.

### Overprotection

In the special children "Knots" show generated overprotection .

When the child is incapable of making itself achieve or accomplish his destiny.

### Dark spirits / Light spirits

Spirits have influence on humans. The human being works want to know the spirits of darkness, to know how they work, to work with them. If you only work with the Dark or Light only, is something out of balance (imbalance=contradiction= "node". Want to know who's the boss of those spirits of darkness involved. When the dark spirits touch us or intervene in our lives they seek the chief to intervene with their spirits.

The head of dark spirit is good because they are the spirits that bring learning. When man does not want to "work" when you do not want evades face, feeds the spirit of darkness . So Dark? Light ?,who knows!

### Cleaning of the energetic blockages

We are magnets energies. Cleaning involves the physical and thoughts, to harmonize .

Before the meeting with our families, cleanliness is important. Otherwise leave open the door for other beings to take control, we think, in the heart (emotional) and the physical body.

The essence / energy of the things used to hea. Humans had with spirits of mineral / stones, but these are no longer available.

They have been exhausted and nature spirits are leaving their containers.

Therefore it is used for healing essence / energies of things. To stay focused, it is important to cleaning purification, to be ready every time.

## Crisis

They are noise we do not want to hear. Nature speaks to humans, warns you if you listen. Not wanting to listen, when something happens, we say that " someone then made us ... ". We are responsible for ourselves.

Faced with the possibility of healing, protecting people from fear, fear solve your problem, to face the difficult, the person who wants to heal / exit may find healing, here is where the spirit. In the crisis, accept that: dark light? who knows?! I can be good to say what works, to help others. On the other hand, be bad if others do not accept our help. It costs "travel" / reach different dimensions (that of their ancestors / a root / essence) and therefore man does not seek "travel" / get there deep. Although intends if not approached for "travel" will not succeed in unleashing their energy blockages.

## Holy Food

Each civilization has been given a specific power to thereby have the required nutrition and healing. When civilizations and cultures were integrated lost the sacred. Leaving open door to the dark spirits . Why people get sick, energy blockages are created so that feed. It is important to clean the food before consumption. Before eating, working with the energy from food. Work flow communication between people who live together because the energy used to prepare food, influence them. Weakening, and opening a portal to the spirits of darkness. To avoid eating these foods with dark spirits, it is important that flow communication between others because this energy weakens.

## Family relationships

Work that has fluidity of energy, communication between generations. Blockages occur when it is fed to interfere or dark spirit.

## Wise

It has achieved the fluidity between the spirit of darkness and spirit of light.